Focus on fun activities after school

AMANDA Scott decided to focus on her home town for her Max Potential community project.

The Harrington local who is in year 11 at Chatham High School saw the need for an afternoon activities session aimed at young people.

“There’s not really any after school activities in Harrington,” says Amanda.

“I thought it would be good for school children to have an afternoon of supervised fun and socialising.”

With the help of her mentor, Jenny Fotheringham, Amanda has organised a tennis and games afternoon at the Harrington sporting fields, to be followed by a barbecue.

She said that despite the stresses of all the organising she feels the children of the Harrington community will benefit from the afternoon and after seeing how the initial session goes, she may even make it a regular activity.

“We’ll see what sort of response we get and then go from there.”

Amanda has really enjoyed being part of the Max Potential program, but admits she was apprehensive at first.

“I was hesitant when they initially approached me about it,” she says.

“But after my first coaching session I felt really confident about it and although it’s been challenging I’ve learnt heaps and it will be great to see it all come together.”

Touch football competition promotes health

“IT was a great experience to learn about organisation and time management,” he said.

“I approached the school to supply the equipment for the competition and we also held a barbecue at the end.”

Brett was helped throughout his planning process by coach Simon Brown, who he said was a great influence and helped to get him motivated.

Brett said he would recommend the Max Potential program to others, but advises that you need to be willing to devote quite a bit of time to it.

“It is time consuming, but it’s definitely worth it,” he says.

“It was great to see such a range of students taking part in the competition and enjoying themselves.

“Some of them hadn’t played touch before and we made sure the teams were even so that everyone had a go, it was a good experience.”