REID Bourke is the sort of kid who's shown promise in any sport he's tried.

Be it hockey, rugby league, cricket or water polo, he seems to stand out on any playing surface, not only for his own skills but for his great teamwork too.

"He's just got great hand-eye-coordination," explains dad Terry.

"That and he just loves sport, he'll give anything a go."

Three years ago Reid decided to give hockey a go.

After a few years playing cricket, league and waterpolo, hockey caught Reid's attention whilst watching dad Terry playing in the local competition.

"Dad was playing in third grade at the time so I thought I'd have a run," says the modest 14-year-old, and it didn't take long for him to excel at the new game.

It was apparent to everyone that Reid had talent with his latest sport of choice and he quickly ascended through the ranks to now play first grade in the Tarce competition as well as heading to Newcastle each weekend for their premier league and under 15s games.

Reid is this week's Manning River Times Iguana Sportstar of the Week, after recently being selected into two State hockey teams before the final team is selected.

If successful Reid will head to Hobart, Tasmania in August, while the under 15s competition is being held in Darwin in October.

"I can't wait for the training camp. I've trained with the coach before and I know it's going to be well as plenty of travelling for representative commitments, and he continues to play water polo throughout the summer.

"I love playing in the Newcastle competition - it's really strong, fast and aggressive and I enjoy it," says Reid.

"I'm playing with boys a year older than me into the under 15s squad from here."

Although he thought he had a "pretty good chance" of making this squad, he was pleasantly surprised to be selected in the under 16s squad where he will play with boys two years older than him.

"I love playing in the Newcastle competition - it's really strong, fast and aggressive and I enjoy it," says Reid.